

# This Week in your VSS Cafeteria...



Feb. 15 <sup>th</sup> – 19 <sup>th</sup>	MONDAY 15 <sup>th</sup>	TUESDAY 16 <sup>th</sup>	WEDNESDAY 17 <sup>th</sup>	THURSDAY 18 <sup>th</sup>	FRIDAY 19 <sup>th</sup>
<b>REGULAR OFFERINGS</b>	<b>NO SCHOOL Family Day</b>	<b>CAFETERIA CLOSED FOR TRAINING</b>	<b>Chicken Fingers &amp; Dip</b> \$4.00 <i>w/ plum or honey mustard</i> <b>Seasoned Fries \$2.50</b> <b>Poutine \$4.00</b>	<b>Chicken Fingers &amp; Dip</b> \$4.00 <i>w/ plum or honey mustard</i> <b>Seasoned Fries \$2.50</b> <b>Poutine \$4.00</b>	<b>Chicken Fingers &amp; Dip</b> \$4.00 <i>w/ plum or honey mustard</i> <b>Seasoned Fries \$2.50</b> <b>Poutine \$4.00</b>
<b>PARFAIT</b>			<b>Vanilla Yogurt</b> <i>w/granola &amp; fruit</i>	<b>Vanilla Yogurt</b> <i>w/granola &amp; fruit</i>	<b>Vanilla Yogurt</b> <i>w/granola &amp; fruit</i>
<b>SMOOTHIE OF THE DAY</b> \$3.00			<b>Strawberry, mango, banana</b>	<b>Tropical Fruit</b>	<b>Triple Berry</b>
<b>SOUP</b> \$2.50			<b>Tomato Basil</b> <i>Garnished w/ Fresh Basil &amp; Parmesan Cheese</i> <i>Served w/ Herbed Crostini</i>	<b>Thai Coconut Chicken</b> <i>Topped with green onion, red pepper &amp; cilantro</i> <i>Served w/ Pretzel Stick</i>	<b>Beef &amp; Italian Sausage Chilli</b> <i>Sour Cream, cheese, scallions</i> <i>Served w/ Cornmeal Muffin</i>
<b>SALAD</b> \$3.00			<b>Artisan Garden Salad</b> <i>Lettuce, cherry Tomatoes, radish, bell peppers, cucumber, red onion, carrot, scallions, chick peas</i>	<b>Red Skinned Potato Salad</b> <i>Potato, hard boiled eggs, bacon, mayo, scallions</i>	<b>Greek Pasta Salad</b> <i>Rotini pasta, tomatoes, bell peppers, red onions, cucumbers, feta cheese</i>
<b>SANDWICH</b> \$3.50			<b>Meatball Sub</b> <i>w/meatballs, tomato sauce, mozzarella cheese, tomatoes and fresh basil</i>	<b>Pulled Pork Ciabatta</b> <i>Spiced Apple Slaw, lettuce &amp; BBQ Sauce</i> <i>Served w/ Potato Salad</i>	<b>Cold Cut Sandwich</b> <i>Black Forest Ham, cheese, lettuce, tomato, cucumber, red onion, mayo &amp; mustard</i>
<b>WRAP/SUBS</b> \$4.00					
<b>ENTRÉE</b> \$5.00					
<b>BAKED GOODS</b> \$1.00					
<b>DESSERT</b> \$2.50					
			<b>Rolo Toffee Chocolate Chip Cookies</b>	<b>Chocolate Chip Cookies</b>	<b>M &amp; M Cookies</b>
			<b>Oatmeal Banana Streusel Muffins</b>	<b>Morning Glory Muffins</b>	<b>Cranberry Orange Glazed Scones</b>
			<b>Chocolate Brownie</b>	<b>Cinnamon Bun w/ Cream Cheese Icing</b>	<b>Toblerone Caramel Topped Cheesecake</b>

