

Kalamalka

EDGE

Newspaper

March/April 2018

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Ask Mr. Grace! Have you ever had a burning question for Mr. Grace on how this place is run? Put your question in our question box in the office or e-mail it to kalamalkanews@gmail.com. Mr. Grace will answer your question in the next issue. Dr. Love takes questions too!

Are you a team or a club that has an upcoming event or a recent victory? Come see us on Thursdays at lunch to discuss getting your info into the next issue.

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Congratulations to all the athletes that went and competed in the Winter Olympics. I personally feel the snowboarding was the best sport out of them all. If you feel differently about them, send a note to the newspaper with what you think was the best sport at the 2018 Olympics and why...

~Continued Inside



Kim Chambers



Paige Campbell



Ethan Heckdrot



Hanna Gall



Trinity Routley

Welcome back Kal! In the month of March, we have held Litterless Lunch Week, Kindness Week, Klub Fair, a Kahoot event for St. Patrick's Day, and much else. The Soccer team has begun practices under Mr. Grace. Don't be afraid to contact him if you are interested in Soccer. Tennis is in full fling as well; don't be shy to contact Mr. Krahn if you are interested in the Tennis team. Speaking of sports, our noble country has recently participated in the 2018 Winter Olympics in the Republic of Korea. (More about that inside.)

As far as upcoming events go, the last 3 months of school are going to be crowded ones; the Tropical-themed Dance has been scheduled to take place on the 12th next week. Tickets will not be sold at the door, so be sure to buy them in the foyer; tickets will cost \$5 for all students this week, but starting Monday, it will be \$7 for grads and \$8 for everyone else. A themed day, Beach Day, will be taking place on the same day. Kal Karnival, the greatest event of all, will be taking place in early May, so be sure to save up buckets of money for the buckets of fun you'll have. For those of you that don't know, Kal Karnival is a very old school event with carnival games a dunk tank, inflatables, and FUN!

-by Alec Campbell

News

Litterless Lunch Week

From March 6th - 8th, Kalamalka students participated in Litterless Lunch Week, hosted by the Environmental Club. Posters were hung, a draw was entered for prizes by those who brought litterless lunches, beeswax wraps were sold and made, documentaries were shown, a Kahoot was played, and twice a day's worth of garbage was left infested the foyer. But if you missed the importance of these events, then keep reading, as we will answer the questions of what a litterless lunch is, and why it is important to pack one.

A litterless lunch is just what its name suggests: a lunch containing no litter. This means that there should be no single-use, disposable packaging. A litter less lunch is very easy to make, and can be healthier than a lunch stuffed with garbage. Instead of buying pre-packaged, sugary, salty, chemical-filled foods, making your own simple snacks like granola bars or banana bread can be much better for you and the planet!

According to Natural Resources Canada, "The average North American will produce 600 times their own weight in garbage over their lifetime. A person who weighs 68 kilograms will leave behind a 40,825-kilogram trash legacy." If this trash makes it to the landfill, it can still pose a threat to the environment. The toxins from our waste can leach into groundwater, and the decomposing material releases methane, (a potent greenhouse gas that contributes to global warming.) If the trash is incinerated, toxins can also be released, such as those that cause smog and acid rain, and just to top it off, even transporting all that trash releases harmful carbon emissions into the

atmosphere that leads to global warming!

There is always the possibility that your trash will not end up in the landfill, and a horrific example of this is the Great Pacific Garbage Patch. The Great Pacific Garbage Patch is a swirling mass of waste trapped by currents in the ocean; it is estimated to be twice the size of Texas! It is especially the plastics that pose a threat to wildlife, and these synthetic materials can end up in the bodies of fish and birds, with the toxins being passed up the food chain. We humans are already starting to eat our own plastic in the fish we consume.

There are so many unpleasant effects of our waste production; why not make a simple change to help reduce our impact? Start with your lunch:

- Use a reusable stainless-steel straw,
- Use reusable containers, (glass containers are preferable to plastic ones,)
- Use reusable cloth snack bags instead of Ziploc bags,
- Buy local and organic fruit,
- If you compost at home, take organic waste home to dispose of there,
- Use a beeswax wrap, (an environmentally-friendly alternative to plastic wrap,)
- Recycle carefully, (and remember that recycling is not the solution to our environmental problems.)

The Recycling Council of Ontario says that an "average student's lunch generates a total of 30 kilograms of waste per school year." While 30 kilograms may not seem like that much, imagine how much waste could be eliminated if everyone brought a litter less lunch? Don't be part of the problem; be part of the solution.

-by Rachel Glessing

Media

LGBT Acceptance

Recently, many Kal students completed a survey about how they felt in our school environment. Questions such as "Do you feel cared for at school?" and "Does Kal provide a welcoming environment?" were asked. A quick response to this is, yes, Kal is above average in my opinion, but I feel as though there's discrepancy in the acceptance. This discrepancy surrounds the LGBTQ+ students among us. In case you weren't aware, LGBT stands for Lesbian, (girls of homosexual orientation,) Gay, (homosexual orientation, commonly applied to boys,) Bisexual, (people of bisexual orientation, which is attraction to both sexes,) and Transgender, (people of differing gender identity.) As schools go, Kal is welcoming and kind to students of many different walks of life and ranges of experience. But is there more we could do for the LGBTQ+ students?

Personally, I feel that they fly under the radar with their personal expression at school. Of course, it is up to the individual whether they wish to share that information about themselves in a public setting, and we do have some openly gay couples, but when compared to other schools Kal has a lower number of open LGBTQ+ students. They don't exactly have to be open, but the greatest concern is that they have to be able to choose that without fear of ridicule or discrimination. In recent years, openly gay politicians have been popping up all over the developed world, not just in Canada. We even have a few such Premiers in the country. If they can do that, so can we, and if we can do that in our school, it's a perfect example of Canadian values.

For example, Seaton Secondary has a LGBTQ+ club that provides a safe space for students to gather and talk to people who may identify in similar ways. I feel as if a club such as this provides an aid to students who struggle with their identity and show their school's support for that community. While our school does do a good job of providing resources for students who struggle with their mental health, we have seemingly ignored what could be an area to help a large percentage of students. Teens of a different sexual orientation often experience bullying, exclusion, judgement, and general homophobia. In families that are less accepting to those of a different orientation, it is important to have groups of people for the students to turn to. Even though Kal is a pretty open and accepting school, we are not exempt from bullying and homophobia. I feel this is why fewer students at Kal are open about their identities to their peers. Many jokes and slurs in the hallway are degrading towards LGBTQ+ students. One may not be aware that those jokes have a serious impact. While they seem funny and comical, people are making fun of someone's reality and belittling it in a way. Though

your peers around you may laugh you could be making people afraid of telling you a truth about themselves. Often people who identify differently fear others' opinions, especially in high school. Those jokes may be causing you the slow loss of a friend because they may not think you would still like them if you knew they identified as LGBTQ+.

Don't forget, of course, that we live in Canada, and not just Canada, but in B.C. It's a province where ethnic Asians, African Americans and Caucasians come together in the super-diverse city of Vancouver, and they're all okay with the setting. Our government says we, as multiculturalists, welcome them all. Our government says that we allow people of differing gender identities and sexual orientations to marry. If we can welcome one group, we can welcome another, and if we can gain strength from diversity, then that provides us with a perfect reason to campaign for it.

Traditionally, LGBT's have been highly discriminated across the globe. Alan Turing was a very intelligent British scientist who cracked many German code ciphers in WWII and contributed much to the war effort in doing so. Despite this, he was prosecuted in 1952 for his homosexuality, which at the time was illegal. As the years passed, however, the world changed. Today, same-sex marriage is legal in about 23 countries, including Canada. A few years ago, the late Turing received a formal pardon from the Queen and a formal apology from the Prime Minister. Just last year, Britain passed the Alan Turing Law to pardon all men previously convicted for being gay. The rest of the world does not display the same form of reconciliation, however. Homosexuality is still illegal in many countries, particularly in the developing African and Middle-Eastern nations. In some cases, it's even punishable by death. Compare this to how the developed world allows Marriage or Civil Unions. From this, you can tell that there is a strong correlation between human development and LGBT rights.

At this point in this article, you could be thinking, "The person writing this is just another angry homosexual!" And you would be wrong. My own identity does not matter when talking about this issue. Because it doesn't count if I identify differently; it counts that I hear your slurs and jokes and know who it could be affecting. Just because you might not be able to relate with this topic on a personal level, doesn't mean you can't care for others who do. No matter how hard you might try and avoid it, I can guarantee that a sibling, friend, eventual co-worker, etc. could identify differently from you. No matter what your own situation, it is important to learn to be respectful to them even if they are not your friend.

There are movements across the world to end this form of discrimination. The military especially has taken steps. The cadet program and the CAF have adopted a zero-tolerance policy for discrimination and harassment on

the grounds of race/gender/sexual orientation. Engaging in that, or even simply saying the “N” word can get you booted instantly. They even have a special mission called “Operation Honour” to remove all unacceptable behaviour from the CAF. Once again, however, the subject comes back to what we do. One opinion I shall quote was this: “To put it bluntly, I think our school community does tolerate LGBT’s, Internationals and other individuals that diversify us, but the vast majority of the school population is so trapped in the world of Snapchat and Instagram, (try to imagine star emojis between those words because that’s how it was written,) ideals of acceptance vs. discrimination are mattering less and less. In my interactions with our Asian students before, I have heard that there is so much we can do to make them feel more accepted, but we don’t. There must be a ratio of 1:300 for bigots/racists to pure good Canadian citizens, but how many of those good citizens have a strong voice? Those ones are few in number.” Indeed, just a few strong voices can raise all the small ones, which is why the news club is considering a special event to demonstrate acceptance for the LGBTQ+ community. We may decorate the school with rainbows, which has been used as a form of civil disobedience before. Kal Beach decorated sidewalks in a similar fashion.

Lastly, if you see a person struggling with his or her own identity or with bullying, please speak up. LGBT+ youth are nearly twice as likely to be called names, verbally harassed or physically assaulted at school compared to others. It doesn’t require you to stand up in the commons and shout, “I support LGBTQ+ people.” But you can give someone a safe space to come to and talk or let your friends know that you would accept him/her/they no matter how they identify. I think the number one thing each student at Kal can do to benefit the students around you who identify differently is to be kind. If you or someone else makes a joke based on someone’s identity, take a moment and think about how you could be affecting those who hear it, and maybe come up with something funnier, because the people of the LGBTQ+ community around you don’t find it funny. To any LGBTQ+ students reading this: You are not alone, believe me. There is a whole group of people who love you and accept you just the way you are, and you should go out and find them.

-by Anonymous

SPORTS

2018 PyeongChang Olympic Winter Games

In 2018, the Republic of Korea has hosted the XXIII Olympic Winter Games. This was the second time that the country, commonly known as South Korea, has welcomed the world’s greatest athletes, having previously hosted the Games of the XXIV Olympiad in Seoul in 1988. Only one other Asian country has ever hosted the Olympic

Winter Games; Japan is given the honour, having hosted them in 1972, (Sapporo,) and 1998, (Nagano.)

Congratulations to all the athletes that went and competed in the Winter Olympics. I personally feel the snowboarding was the best sport out of them all. If you feel differently about them, send a note to the newspaper with what you think was the best sport at the 2018 Olympics and why. As I stated before, congratulations to all the people that competed and congratulations to those who got to watch the Olympics in South Korea. (I’m secretly hating you.) Here are the medals won by team Canada at the winter Olympics:

MEDAL	ATHLETE(S)	SPORT
Gold	Kripps, Kopacz	Bobsleigh
Gold	Canada	Curling
Gold	7 People	Figure Skating
Gold	Virtue/Moir	Figure Skating
Gold	Mikael Kingsbury	Freestyle Skiing
Gold	Cassie Sharpe	Freestyle Skiing
Gold	Brady Leman	Freestyle Skiing
Gold	Kelsey Serwa	Freestyle Skiing
Gold	Samuel Girard	Short Track
Gold	Sébastien Toutant	Snowboard
Gold	Ted-Jan Bloemen	Speed Skating
Silver	Justine Lapointe	Freestyle Skiing
Silver	Brittany Phelan	Freestyle Skiing
Silver	Canada	Ice Hockey
Silver	4 People	Luge
Silver	Kim Boutin	Short Track
Silver	Maxence Parrot	Snowboard
Silver	Laurie Blouin	Snowboard
Silver	Ted-Jan Bloemen	Speed Skating
Bronze	Humphries, George	Bobsleigh
Bronze	Duhamel/Radford	Figure Skating
Bronze	Kaetlyn Osmond	Figure Skating
Bronze	Alex Marchand	Freestyle Skiing
Bronze	Canada	Ice Hockey
Bronze	Alex Gough	Luge
Bronze	Kim Boutin	Short Track
Bronze	Kim Boutin	Short Track
Bronze	4 People	Short Track
Bronze	Mark McMorris	Snowboard

Canada is sending a total of 55 athletes to the upcoming Paralympic Games, which are a set of games for disabled people that take place following the Olympics. Canada will be represented in all six Paralympic Winter Games sports. Eighteen members of the team are previous medal winners, including cross-country skier Brian McKeever, who has 13 medals in his collection. Also participating is wheelchair curler James Anseeuw is the oldest Canadian athlete at 58, while Para hockey player James Dunn is the youngest at 17. Let’s look at some of the athletes competing:

Para-Alpine

- Kirk Schornstein, Spruce Grove, Alta,
- Erin Latimer, Toronto,
- Braydon Luscombe, Duncan, B.C,
- Mac Marcoux, Sault Ste-Marie, Ont,
- Kurt Oatway, Calgary,
- Frederique Turgeon, Candiac, Que,
- Alana Ramsay, Calgary,
- Alexis Guimond, Gatineau, Que,
- Alex Cairns, Squamish, B.C,
- Mel Pemble, Victoria,
- Mollie Jepsen, West Vancouver, B.C,
- Jack Leitch, Calgary,

Para-Ice Hockey

- Brad Bowden, Orton, Ont,
- Billy Bridges, Summerside, P.E.I,
- Greg Westlake, Toronto,
- Steve Arseneault, Spruce Grove, Ont,
- Adam Dixon, Midland, Ont,
- James Gemmell, Quesnel, B.C,
- Corbin Watson, Kingsville, Ont,
- Ben Delaney, Ottawa,
- Dominic Larocque, Quebec City,
- Tyler McGregor, Forest, Ont,
- Liam Hickey, St. John’s,
- Tyrone Henry, Ottawa,
- Rob Armstrong, Erin, Ont,
- Dominic Cozzolino, Mississauga, Ont,
- James Dunn, Wallacetown, Ont,
- Bryan Sholomicki, Winnipeg,
- Corbyn Smith, Monkton, Ont.

Para-Nordic

- Brian McKeever, Canmore, Alta,
- Cindy Ouellet, Quebec City,
- Mark Arendz, Hartsville, P.E.I.
- Sebastien Fortier, Quebec City,
- Yves Bourque, Becancour, Que,
- Chris Klebl, Canmore, Alta,
- Brittany Hudak, Prince Albert, Sask,
- Collin Cameron, Sudbury, Ont,
- Ethan Hess, Pemberton, B.C.
- Natalie Wilkie, Salmon Arm, B.C.
- Emily Young, North Vancouver, B.C.
- Derek Zaplotinsky, Smoky Lake, Alta,
- Russell Kennedy, Canmore, Alta,
- Graham Nishikawa, Whitehorse.

Para-Snowboard

- John Leslie, Arnprior, Ont,
- Michelle Salt, Calgary,
- Alex Massie, Barrie, Ont,
- Andrew Genge, Oshawa, Ont,
- Curt Minard, Weyburn, Sask,

- Sandrine Hamel, Saint-Sauveur-des-Monts, Que,
- Colton Liddle, Wawa, Ont.

Wheelchair Curling

- Ina Forrest, Armstrong, B.C.
- Mark Ideson, London, Ont,
- Dennis Thiessen, Sanford, Man,
- James Anseeuw, Oak Bluff, Man,
- Marie Wright, Moose Jaw, Sask,

Good luck to all the athletes competing. We hope you do well.

-by Caitlin Larnder

Short Story

A Valentine Story Part 2

Later that afternoon Fin stood waiting for his bus to arrive. The crowd of students expecting their bus to arrive blocked a wave of blonde hair from his high up view. His earbuds were blaring the musical Be More Chill so he didn’t notice a grade eight being pushed toward. The small student fell into him and Fin dropped his phone to the vinyl floor. As it landed Find earbuds were yanked from his ears and suddenly the opening song filled the crowded entrance. Fin hastily grabbed at his phone and paused the song. With the crowd of students now aware of him he quickly grabbed his bag and stuffed his phone in his pocket. He then headed for the door to wait outside in the cold February air. Embarrassed and cold he stood outside still awaiting the bus. As it finally pulled into the bus lane kids flooded from the entrance to board it. Fin quickly chose a seat near the back and shoved his bag beside him. As the bus pulled away from the school he settled into his seat and once again pulled out his phone and earbuds. As the opening song began to play again he felt a light tap on his shoulder, he quickly pulled his earbuds out and spun in his seat. Directly behind him was the blonde girl. She sat with her chin resting on the back of his seat, her hair fell like curtains of gold around her face. He freckles were sprayed like constellations on her cheeks.

“I heard your music in the entrance.” She said with a smile, “I love Be More Chill!” Fin said nothing for a second, struck by her casual air.

“Oh yeah!” He said realizing he hadn’t replied.

“You’re in theatre right?” He said quickly.

“Yep, I am!” She said brightly with a smile, “how did you know?”

“I saw you signing up at lunch.” Fin muttered, “I signed up too!” The girl let out a small squeal. “You’re going to have so much fun!” She slumped back in her seat and then quickly sat straight back up. “My name’s Enny, what’s yours?”

“Finlay.” He said blushing and quickly added, “but

my friends call me Fin.”

Enny smiled and replied, “We’re going to be friends! So I’m going to call you Fin!” Fin laughed and smiled wide.

He suddenly blurted out, “Are you going to the school dance?” He surprised himself by his question. Enny looked puzzled and said, “I wasn’t planning to, why?”

Fin mentally slapped himself and sheepishly said, “I was wondering if you wanted to go with me,” he blushed and glanced away. “It’s fine if you don’t, I mean we’ve never talked before. I understand-”

Enny cut him off, “Yes!” She said.

Fin stared at her, wondering if his ears were working correctly.

“Wait really?” He said bewildered.

“Yeah, sure!” She said brightly, her eyes crinkling with her smile. She quickly pulled a pen from her bag and took Fin’s hand. In dark blue ink her number was written on his hand, next to her number was a small star. Fin pulled his hand back and smiled. They continued to chat the whole bus ride until they reached Fin’s stop.

“Um, I’ll text you later?” He said standing up.

“Sure thing!” Enny said.

Fin made his way down and off the bus. On the concrete he turned back to the bus to see Enny drawing a happy face on the window condensation. She smiled and waved him goodbye as the bus pulled away. Fin watched the bus turn the corner and slowly started his walk home. The joy of his day welled up inside him and he started running down the hill back to his house all the while thinking...

She said yes! She knows I exist and she said yes!

-by Kiera Byrnes



^ Litterless Lunch Week

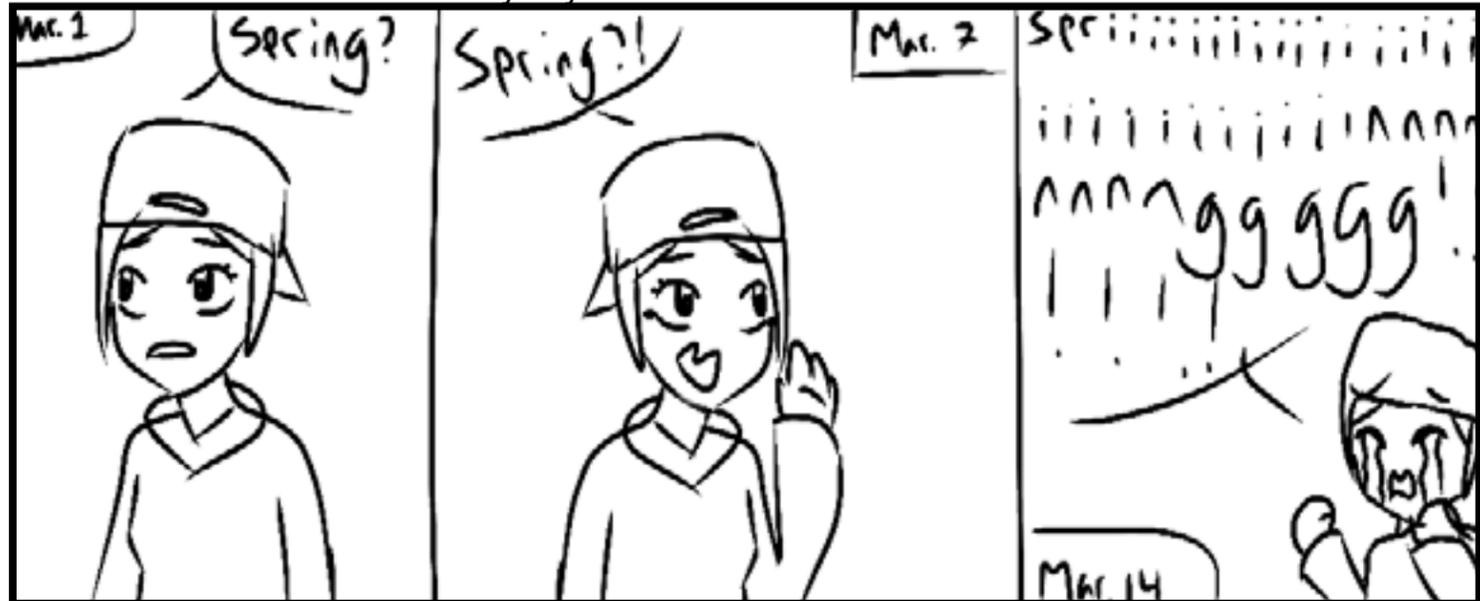
Great Wall of Kindness v



Comics

Typical Year in Canada

-by Brynnecca Defauw



Dr. L♥ve

Your questions, fantastic answers - 100% Guaranteed**

Hey everyone! Wow, it is finally spring! It’s the season of love, and the season I can get the most chocolate. Thank you Easter Bunny XD I was getting so tired of all the snow, but now that it’s spring time I just wanted to say Happy Easter to everyone. Hope you have a nice month, get a nice date for the dance, etc. Don’t forget to give me some questions for May.

Sincerely, Dr. Love of the Love Goods.

On with the questions...

Q: Do you think the LGBT community is accepted at Kal?

-Anonymous

A: Well my dear little Anonymous, I would like to believe that everyone at Kal accepts each other, but there will always be people against LGBT. I support the LGBT because Dr. Love believes in all kinds of love, no matter whose it is, and that everyone should just love each other in general. But there will always be others with different opinions than mine. So, my advice to anyone who is part of the LGBT community at Kal is just to be who you are no matter what anyone says about you. You are a beautiful, strong little bean. And don’t let anyone tell you different.
-Dr. Love of the Love Goods

Q: I like this guy and we are pretty good friends. I really like him and want to date but I don’t want to ruin our friendship. What if he doesn’t want to be like that?

-Anonymous

A: Well my dear little Anonymous, you definitely have a problem here. My advice is just to run away to another country, preferably Italy. They have good food. When faced with a problem just run away from it. Ok, I’m kidding, don’t do that. You have to face this problem head on. Try and see if he feels the same way or tell him how you feel, but you can’t keep the charade up. And if he doesn’t feel the same, it’s his loss, but you never know unless you try.

-Dr. Love of the Love Goods

Q: What do I do if I am constantly having a new crush?

-Anonymous

A: Well my dear little Anonymous, this could have different meanings. Maybe you are possibly lonely and seeking comfort, or maybe there are just a lot of people you find interesting. Maybe try and talk to one of your crushes and see where that leads.

-Dr. Love of the Love Goods

Q: What do I do if I am friend zoned?

-Anonymous

A: My poor little Anonymous, you are trapped in hopeless dark abyss filled with girly hugs, heartbreak and the classic lines like “you’re like a brother to me.”

If you are on your way to the friend zone, but not yet there, here is what you could do: ask her out as soon as you get the chance, especially if you know she has feelings for you. If you don’t, you definitely have a one-way ticket to the friend zone land, a place of no return. Another thing is, if you are friend zoned, stay clam and don’t get mad, because not only will that ruin your chance of escaping, it will also ruin your friendship. Just take a little break from her for a while and see what happens. If she’s really worth fighting out of the friend zone for, just be honest with her and say how you feel. Then the rest is really up to her. If all else fails, try the Benjamin Franklin method: ask her for favours. If she’s a decent person, she will help you, and she will begin to wonder why she does favours for you if she is not interested in you. This may work, but then again, not always. No promises.

-Dr. Love of the Love Goods

If you wish to send me a question, please write it on a piece of paper and place it in the news’s question box in the office. Alternatively, you can also send your question to kalamalkanews@gmail.com. Please note that your question must be appropriate, or else it may not be used. When writing, you may use your own name or use a fake name; it’s all up to you.

**Doctor Love might not be a professional, and may or may not be human. We will check one of these days. Our Dr. Love has a theoretical degree in relationship drama- er, love, and a perfect PhD in theoreticalness. Real word, I made it up. We do not take responsibility for the cosequ- uh, loving relationships.